

BAND 2015

FOOTBALL CHECK OFF LIST

BEFORE ARRIVING AT CORDOVA HIGH:

- HAD A GOOD NIGHT'S SLEEP THE NIGHT BEFORE
- GO TO THE BATHROOM
- TAKE A SHOWER THAT DAY (WASH YOUR HAIR)
- EAT SOMETHING FOR DINNER
- HAVE YOUR HAIR DONE (SHAKO READY)
- BE NAIL POLISH-FREE
- BE MAKE-UP FREE
- BE PERFUME FREE
- SHAVE (MEN: FACE)
- APPLY DEODORANT
- HAVE YOUR HAIR UP ABOVE THE COLLAR

YOU SHOULD BE WEARING THE PROPER UNDER THE UNIFORM CLOTHES:

- A BLACK SLEEVED SHIRT
- A PAIR OF **LONG DARK** BLACK SOCKS
- CLEAN SHINY MARCHING SHOES
- ATHLETIC MESH "P.E. STYLE" SHORTS

BRING:

- YOUR CLEAN WORKING INSTRUMENT
- FLIP FOLDER WITH MUSIC (ALL BUT SNARES/TENORS)
- LYRE (EXEMPT PERCUSSION)
- BINDER (SNARES/TENORS/PIT)
- DEODORANT
- EXTRA PAIR OF BLK SOCKS FOR YOUR FORGETFUL FRIEND

CHANGING INTO YOUR UNIFORM YOU WILL NEED:

- YOUR HAIR ABOVE THE COLLAR
- ALL JEWELRY REMOVED (OR COVERED BY THE FLESH COLORED BAND AIDE YOU BRING)
- A WRINKLE-FREE UNIFORM
- A SMUDGE-FREE SHAKO
- A SMUDGE-FREE MARCHING SHOES
- DOUBLE-KNOTTED SHOES LACES (TUCKED IN)
- A BLACK SHIRT, SHORTS, LONG BLACK SOCKS

GUARD

FOOTBALL CHECK OFF LIST

THIS FRIDAY'S UNIFORM (NOTHING SHOULD BE REVEALING OR TOO FORM-FITTING):

- A BLACK LEGGINGS FOR GIRLS
- BLACK PANTS FOR GUYS
- BLACK TOP NO PRINT
- UNDERGARMENTS MUST
- 2015 GUARD JACKET

BEFORE LEAVING TO CORDOVA HIGH:

- HAD A GOOD NIGHT'S SLEEP
- GO TO THE BATHROOM
- TAKE A SHOWER (WASH YOUR HAIR)
- EAT SOMETHING FOR DINNER
- BE NAIL POLISH-FREE
- BE MAKEUP-FREE
- BE PERFUME-FREE
- SHAVE (MEN: FACE)
- APPLY CLEAR DEODORANT

BRING:

- ANY EQUIPMENT AT HOME
- CLEAN GUARD STREET SHOES
- BACKPACK WITH CLOTHES
- STUFF TO DO YOUR HAIR WITH
(BRUSH, HAIR BANDS, PONY HOLDERS, PINS, GEL, BOBBY PINS, ETC)
- BLACK BLANKET-NO PRINT-(OPTIONAL)
- APPLY CLEAR DEODORANT

CHANGING INTO YOUR UNIFORM YOU WILL NEED:

- YOUR HAIR UNIFORM TO EVERYONE IN THE GUARD
- TO REMOVE OR COVER ALL JEWELRY
- A WRINKLE-FREE UNIFORM
- CLEAN DOUBLE-KNOTTED GUARD SHOES

FOOTBALL DRESSING PROCEDURES

WHEN YOU FIRST WALK IN:

- #1 FIND AN OPEN CHAIR
- #2 GET YOUR OWN UNIFORM AND SHAKO
- #3 RE-APPLY DEODORANT

PUTTING ON YOUR UNIFORM:

- #1 PANTS
- #2 MARCHING SHOES (LACES TUCKED IN)
- #3 COAT (SHORTEN SLEEVES ABOVE WRIST FOR ROOM)
- #4 GLOVES
- #5 GAUNTLETS
- #6 SHAKO
- #7 PLUME
- #8 GET CHECKED BY PARENT

WARMING-UP:

- #1 GET YOUR INSTRUMENT AND REPLACE YOUR CASE IN LOCKER
- #2 GET FLIP FOLDER
- #3 CHECK FOLDER WITH MUSIC ON BOARD
- #4 ATTACH LYRE
- #5 WARM-UP IN FRONT OF THE PAC

RULES

- NO ONE IS ALLOWED IN BUILDING THAT ISN'T APPROVED BY MR. SIMS.
- KEEP ALL PERSONAL ITEMS ON OR UNDER YOUR CHAIR
- NO EATING/DRINKING IN THE BUILDING
- INSTRUMENT CASES NEED TO BE STORED IN LOCKERS
- NO PLAYING INSIDE THE BUILDING
- PHONES ARE PROHIBITED IN THE UNIFORM.